



English Worksheet Unit II

Name:	Grade: 3° Medio	
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1. Objetivo:
2. EjeTemático: Listening
3. Habilidades a medir:
 - a) Identify the thematic vocabulary.
 - b) Understand the record.
 - c) Apply the thematic vocabulary.





➤ Preparation

I. Choose the right alternative.

1. Your diet is ...
 - a. what you eat.
 - b. what you eat when you want to be healthy.
 - c. how often you eat.
2. To 'go on a diet' is ...
 - a. to combine healthy eating with exercise.
 - b. to stop eating meat.
 - c. to try to lose weight by eating less food or certain types of food.
3. A vegetarian is someone who ...
 - a. doesn't eat meat.
 - b. doesn't eat meat or fish.
 - c. doesn't eat any animal products, including eggs and milk.
4. A vegan is someone who ...
 - a. doesn't eat meat.
 - b. doesn't eat meat or fish.
 - c. doesn't eat any animal products, including eggs and milk.
5. If a diet is nutritious, it contains ...
 - a. more protein than carbohydrate.
 - b. all the elements that the body needs.
 - c. lots of vitamins.
6. Protein is a substance in food which is needed by the body for many biological processes. It can be found in high levels in ...
 - a. meat, eggs, cheese, fish and nuts.
 - b. apples, oranges, lemons and mangoes.
 - c. olive oil, vegetable oil, butter and margarine.



II. Match the sentences to the speakers and write a–h next to the numbers 1–8.

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|--------|-----------|---|
| 1..... | Speaker 1 | a. Is vegetarian because they were influenced by a famous person. |
| 2..... | Speaker 2 | b. Became vegetarian because of their family. |
| 3..... | Speaker 3 | c. Is vegetarian for health reasons. |
| 4..... | Speaker 4 | d. Is vegetarian because they dislike meat. |
| 5..... | Speaker 5 | e. Is vegan because they follow social media trends. |
| 6..... | Not said | f. Is vegan for ethical reasons. |
| 7..... | Not said | g. Is vegan for health reasons. |
| 8..... | Not said | h. Is vegan because they love vegetables. |

III. Circle the best answer to these questions.

1. Speaker 1 says she has noticed an improvement in ...
 - a. her energy levels.
 - b. her physical appearance.
 - c. her school marks.
2. Speaker 1 doesn't cook because ...
 - a. she needs to study instead.
 - b. her family eat a lot of takeaways.
 - c. her mum enjoys doing it.
3. Speaker 2 says there are ...
 - a. 5,000 vegans in the UK.
 - b. 500,000 vegans in the UK.
 - c. 1,000,000 vegans in the UK.
4. Some of speaker 2's schoolmates ...
 - a. are unsupportive.
 - b. are also vegans.
 - c. have changed their opinion on veganism.
5. Speaker 3 ...
 - a. is not strict about eating meat.
 - b. likes fruit but not vegetables.
 - c. doesn't eat enough nutritious food.



6. Speaker 3 makes ...
- a. no effort to eat healthily.
 - b. some effort to eat healthily.
 - c. a lot of effort to eat healthily.
7. Speaker 4 found it most difficult to be a young vegetarian ...
- a. at home.
 - b. at social events.
 - c. when people at school found out.
8. Since leaving home, speaker 4 ...
- a. eats a less varied diet.
 - b. is not so strict about being vegetarian.
 - c. finds it easier to be vegetarian.
9. Speaker 5 disagrees with ...
- a. eating any living thing.
 - b. the treatment of animals by the food industry.
 - c. cruelty to intelligent creatures like cows.
10. For speaker 5, the downside of vegan food is ...
- a. the time spent on preparation.
 - b. the lack of variety.
 - c. the texture.

IV. Answer the questions.

Discussion
Are you vegan or vegetarian?
What do you like or dislike about your diet?
Which of the speaker's points do you agree with?